

**Kingsbridge Dementia Friendly Communities**  
**Notes of meeting 27/09/17 10am Quay House Kingsbridge**

**Present:**

Roger, Kelvin, Julia, Derek, Rebecca, Beccy, Julian, Ivor, Mary, Julia Best-Clarke

**Apologies:**

Adrian, Joan and Anne

**Matters Arising/Updates**

Facebook – 85 followers

Roger interested in Table Tennis from Fusion

Loddiswell Clubs – Coffee morning

Prawle Fair has provided us with £50 – Linda Hodgson on committee, and useful contact who has identified a number of issues with surgery particularly around blood test results. Julia also had experiences difficulties with information not being passed on.

Doctor's practices need to become more dementia aware.

Adrian has identified a number of funding opportunities.

**Saltstone Update**

Derek introduced Julia Best-Clarke – in role coordination of dementia work. Two main areas of work. KDFC to promote awareness with Saltstone role to help those in need.

Saltstone looking to find funds to create a 2 year surplus, next drive is to get more volunteers increasing from 70 to find at least 30 more.

Kelvin suggested pairing up of carers and Julie BC looking at setting up a carers group.

To date 10 of the volunteers have completed the training day but need more that will work with people with dementia. Training will be scheduled when sufficient volunteers recruited. Currently Saltstone supporting 15 people with dementia.

As intermediate step will look to set up a dementia friend's session. The training days are more of a strategy on how to cope with people who have dementia.

Mary felt that a course would be suitable as she has had 2 people with dementia and each were very different. It is all about the individual. Kelvin all for training but needs to be in the right context.

**Questionnaires**

Mary asked whether we cover just Kingsbridge. Rebecca – need to speak with Redfern and Chillington Surgeries

Derek wanting to know what we are trying to achieve. Rebecca – official recognition for the community as dementia friendly.

Several areas need to be looked at: Police/trades people/schools (Julian has contact)

Register with Devon Carers

Need an action plan.

Our information was sent to Sally Farrant (Diocese of Exeter). She has set up awareness sessions in Ivybridge and keen to same for Kingsbridge. A day long session including church involvement, use of buildings etc. Look at use of Methodist Church. An open session for anyone in the church congregation.

Kelvin highlighted dementia adventure holidays and rates them highly. Trips on land and sea funded by Postcode Lottery. Users pay a reduced fee.

[dementiaadventure.co.uk](http://dementiaadventure.co.uk)

Roger is looking to get volunteers from Wordwise and Cornelius

### **Any other Business**

Roger attended Mental Health First Aid (Lite) organised by CVS. Met Emma Cappa an artist that offers creative journeys in nature that may be suitable for people with dementia.

Mary – a local social worker Alison Pomeroy sometimes based at Kingsbridge Hospital.

Dementia friendly dentists – need to include speak with Heather and Tony re healthcare and dentists.

### **Date of next meeting:**

Thursday 30<sup>th</sup> November 10am to noon Quay House